

EXPORT GUIDE

Container Loading Capacity Guide

Approximate loadable quantities by commodity and container size, useful for early-stage volume and freight-cost planning. Actual capacity depends on packaging format, palletization and destination country weight limits.

Commodity	Approx. 20ft Container	Approx. 40ft Container
Rice (bagged)	24–27 MT	26–28 MT
Pulses (bagged)	22–25 MT	24–26 MT
Whole Spices (bagged)	14–18 MT	18–22 MT
Spice Powder (bagged)	12–16 MT	16–20 MT
Dry Fruits (cartons)	10–14 MT	14–18 MT

Planning a Shipment?

These figures are a planning reference, not a quotation. Road and rail weight limits vary by destination country — for example, some European road limits cap containers below their theoretical maximum payload. Share your target volume and destination with our export team and we'll confirm exact loadable quantity and container count for your order.